MIDDLETOWN AREA SCHOOL DISTRICT REID ELEMENTARY BREAKFAST MENU

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chocolate Chip French Toast	2 Apple Strudel
5 Mini Cinni Rolls	6 Breakfast Pizza	7 Egg & Cheese On a English Muffin	8 Assorted Cereal Bars	9 Assorted Muffins & Breakfast Breads
12 NO SCHOOL	13 Breakfast Pizza	14 Egg & Cheese Croissant	15 Chocolate Chip French Toast	16 Sausage Egg & Cheese On a Biscuit
19 Glazed Dunkin Sticks	20 Breakfast Pizza	21 Egg & Cheese On a biscuit	22 Assorted Cereal Bars	23 NO SCHOOL
26 Mini Maple Pancakes	27 Breakfast Pizza	28 Egg, Sausage & Cheese Maple Flatbread	29 Chocolate Chip French Toast	30 Apple Strudel

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices
Adult $3.25

Available Daily
Assorted cereals and cereal bars
With Graham Crackers

Fruit Selection
Seasonal Fruit
Students may choose two ½ cup servings.

Milk Selection
Whole, 1% White, Fat Free Chocolate, Strawberry, & Lactose Free

Your Dining Services Team
Brian Wallace
General Manager
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES