MIDDLETOWN AREA SCHOOL DISTRICT SECONDARY LUNCH MENU

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Loaded Chili Cheese Mini Pierogies w/ Roll **Steamed Green Beans** **Baby Carrots**	**3** **NO SCHOOL**	**4** Hot Ham & Cheese Pretzel Melt **Sweet Potato Fries** **Green Pepper Strips**	**5** Bacon Cheeseburger w/ J.Clarke Grill Sauce **BBQ Baked Beans** **Cole Slaw**	**6** Macaroni & Cheese **Stewed Tomatoes** **Cucumber Slices**
BRAVO! **Texas Smokehouse! Choice of dry-rubbed BBQ chicken or pork, ranch taters, zesty country green beans, BBQ baked beans, slaw, and melons. Choice of Kaiser roll or corn bread, and a variety of BBQ sauces.**				
9 General Tso's Chicken with Rice **Steamed Broccoli** **Romaine Salad**	**10** Nachos Grande **Seasoned Peas** **Black Bean Salsa**	**11** Grilled Chicken Bruschetta Sandwich **Glazed Carrots** **Broccoli Salad**	**12** Chicken & Mashed Potato Bowl with Roll **Mashed Potatoes** **Baby Carrots**	**13** Grilled Cheese **Tomato Soup** **Celery Sticks**
BRAVO! **Poblano's Mex-American! Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)**				
16 Italian Meatball Sub On a Roll **Green Beans** **Baby Carrots**	**17** Pepper Steak Bowl With Lo Mein Noodles **Broccoli** **Garden Salad**	**18** **Thanksgiving Holiday Bowl** **Corn** **Green Pepper Strips**	**19** Chicken Cheesesteak On a Rol **Fries** **Fresh Grape Tomatoes**	**20** Loaded Pierogies **Sweet Potato Fries** **Tossed Salad**
BRAVO! **Pasta! Choice of two daily pastas, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)**				
23 Cheeseburger Tater Tot Bowl **Tater Tots** **Baby Carrots**	**24** Tajin Mojo Chicken Nachos **Steamed Corn** **Refried Beans**	**25** **NO SCHOOL**	**26** **NO SCHOOL**	**27** **NO SCHOOL**
BRAVO! **Dip & Dust Wings! Choice of Traditional or boneless. Served with a variety of sauce and seasonings that may include hot, BBQ, hot honey, lemon pepper etc. Pare with potatoes, choice of vegetable, and blue cheese or ranch dressing. (V)**				
30 **NO SCHOOL**				

Daily Offerings: Garden Salad with Dinner Roll | Ham & Cheese Pretzel Sandwich

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Adult $5.25

Available Daily

Pizza: Pepperoni, Cheese, & a Specialty
Grill Options: Cheeseburger, Crispy Chicken Sandwich, & Spicy Crispy Chicken Sandwich
Deli: Build your own Wrap, Sandwich, or Hoagie.

Fruit & Veggie Selection

Seasonal Fruit & Fresh Vegetables
Students may choose two ½ cup servings.

Milk Selection

Whole, 1% White, Fat Free Chocolate, Strawberry, & Lactose Free

Your Dining Services Team

Brian Wallace
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES