## MIDDLETOWN AREA SCHOOL DISTRICT SECONDARY BREAKFAST MENU

# November 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **2**<br>Mini Cinni Rolls | **3**<br>**NO SCHOOL** | **4**<br>Ham, Egg & Cheese<br>On a Croissant | **5**<br>French Toast Sticks with Syrup | **6**<br>Breakfast Banana Split |
| **9**<br>Mini Maple Pancakes | **10**<br>Breakfast Pizza | **11**<br>Egg, Sausage & Cheese Maple Flatbread | **12**<br>Chocolate Chip French Toast | **13**<br>Apple Strudel |
| **16**<br>Mini Cinni Rolls | **17**<br>Breakfast Pizza | **18**<br>Egg & Cheese<br>On a English Muffin | **19**<br>French Toast Sticks with Syrup | **20**<br>Assorted Muffins<br>& Breakfast Breads |
| **23**<br>Mini Blueberry Donut Holes | **24**<br>Breakfast Pizza | **25**<br>**NO SCHOOL** | **26**<br>**NO SCHOOL** | **27**<br>**NO SCHOOL** |
| **30**<br>**NO SCHOOL** | | | | |

**MAKE IT A MEAL!**
Choose at least 3 of 4 meal components for the school breakfast price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

**Breakfast Prices**
Adult $3.25

**Available Daily**
Assorted cereals and cereal bars

**Fruit Selection**
Seasonal Fruit
Students may choose two ½ cup servings.

**Milk Selection**
Whole, 1% White, Fat Free Chocolate, Strawberry, & Lactose Free

**Your Dining Services Team**
Brian Wallace
General Manager
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES