

# Breakfast Cycle Menu - December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>12/3/24</b>	<b>12/4/24</b>	<b>12/5/24</b>	<b>12/6/24</b>
<b>NO SCHOOL</b>	Mini Maple Waffles or Assorted Cereals or Cereal Bar	Ham, Egg, & Cheese on a English Muffin or Assorted Cereals or Cereal Bar	Cherry Strudel or Assorted Cereals or Cereal Bar	Sauage, Egg & Ceese Croissant or Assorted Cereals or Cereal Bar
	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>12/9/24</b>	<b>12/10/24</b>	<b>12/11/24</b>	<b>12/12/24</b>	<b>12/13/24</b>
Pancake & Sausage Wrap or Assorted Cereals or Cereal Bar	Mini French Toast or Assorted Cereals or Cereal Bar	Breakfast Pizza w/ Turkey Sausage or Assorted Cereals or Cereal Bar	Mini Pancakes or Assorted Cereals or Cereal Bar	Egg & Cheese on Bagel or Assorted Cereals or Cereal Bar
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>12/16/24</b>	<b>12/17/24</b>	<b>12/18/24</b>	<b>12/19/24</b>	<b>12/20/24</b>
Mini Cinnamon Rolls or Assorted Cereals or Cereal Bar	Strawberry & Cream Cheese Bagel Bites or Assorted Cereals or Cereal Bar	Sausgae & Cheese on a Biscuit or Assorted Cereals or Cereal Bar	Apple Strudel or Assorted Cereals or Cereal Bar	Ham, Egg & Cheese Croissant or Assorted Cereals or Cereal Bar
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>12/23/24</b>	<b>12/24/24</b>	<b>12/25/24</b>	<b>12/26/24</b>	<b>12/27/24</b>
<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
<b>12/30/24</b>	<b>12/31/24</b>	<b>1/1/25</b>	<b>1/2/25</b>	<b>1/3/25</b>
<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	Mini Pancakes or Assorted Cereals or Cereal Bar	Egg & Cheese on Bagel or Assorted Cereals or Cereal Bar
			Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>Student Paid Breakfast \$0.00      Student Reduced Breakfast \$0.00      Adult Breakfast \$2.85</b>				

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.  
**Choice of: Grain or grain/protein**  
**Choice of fruit or vegetable (must take at least a 1/2 cup) and**  
**Choice of Milk**  
**Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry**  
 You must take at least 1/2 cup of fruit or vegetable

**Whole Grain Cereal Selection May Include:**  
 Cinnamon Toast Crunch  
 Trix  
 Cocoa Puffs  
 Fruity Cheerios  
 Rice Crunch  
 Kix  
 Cheerios  
 Fruit Loops  
 Frosted Flakes

**Fruit May Include:**  
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

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